



GlobeCoReS 2025

Video Specs & Encoding Guide

(for Oral & Poster Presenters)

1. Purpose of Pre-Recorded Videos

- **Oral Presentation Video (5–7 min):** Used by participants unable to present live or as a backup for in-person sessions.
- **Poster Pitch Video (2–3 min):** A short “elevator pitch” summarizing your poster for online and hybrid attendees.

2. Technical Specifications

A. File Format

- Format: **MP4** (H.264 codec)
- Resolution: **1920 × 1080 (Full HD)**
- Aspect Ratio: **16:9 (widescreen)**
- Frame Rate: **25–30 fps**
- Audio: **AAC, 44.1 kHz or higher**

B. File Size & Duration

- **Oral Video:** Maximum **7 minutes**, ≤300 MB
- **Poster Pitch Video:** Maximum **3 minutes**, ≤150 MB

C. File Naming Convention

GCCM2025_PaperID_Lastname_Firstname_Video.mp4

Example: GCCM2025_0456_Tan_Ahmad_Video.mp4

3. Recording Guidelines

- **Lighting:** Face a light source; avoid shadows and backlighting.
- **Background:** Neutral background (plain wall or virtual background).
- **Audio:** Use headset or external mic; avoid background noise.



- **Delivery:**
 - Speak clearly and at a moderate pace.
 - Use slides/visuals sparingly — highlight key points only.
 - End with a conclusion or call to action.
- **Poster Pitch Tip:** Show your poster on screen and guide the audience through its sections in 2 minutes.

4. Editing & Encoding Tips

- Use free software (OBS Studio, Zoom Recording, PowerPoint Export to Video).
- Export settings:
 - Format: MP4
 - Codec: H.264
 - Quality: “High”
- Avoid transitions/animations that don’t export well.

5. Submission & Deadlines

- Upload to the conference submission portal by **25 November 2025**.
- Test your video before submission (playback audio & video quality).
- Confirmation email will be sent upon successful upload.

6. Final Checklist Before Upload

- ✓ Correct file name
- ✓ MP4 format (H.264)
- ✓ Duration within time limit
- ✓ Clear video & audio quality
- ✓ Slides/poster are readable
- ✓ Submitted before the deadline